**Millston – TK’s 400 Club – Senior Congregate Meal Site – September 2024 Menu**

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| **Mon 2**  **Labor Day**  **No Meals**  **ADRC Office Closed** | **Tue 3** | **Wed 4**  Spaghetti w/Meat & Tomato Sauce  Side Salad  Fruit Roll | **Thu 5**  Chicken Salad on Lettuce  Fruit  Roll | **Fri 6** |
| **Mon 9** | **Tue 10** | **Wed 11**  Open Face Pulled Pork w/Gravy  Mashed Potatoes  Green Beans Fruit | **Thu 12**  Salisbury Steak  Mashed Potatoes  Corn  Fruit Roll | **Fri 13** |
| **Mon 16** | **Tue 17** | **Wed 18**  Tater Tot Casserole  Fruit  Roll | **Thu 19**  Chicken Alfredo  Side Salad  Fruit  Roll | **Fri 20** |
| **Mon 23** | **Tue 24** | **Wed 25**  BBQ Sandwich  Baked Beans  Chips  Fruit | **Thu 26**  Tuna Melt  Tater Tots  Fruit | **Fri 27** |
| **Mon 30** |  |  | ***Milk is served with every meal & is part of the daily required nutrition plan.*** | ***\*\*All Menus are subject to change.\*\**** |