**Merrillan – Merrillan Café – Senior Congregate Meal Site – July 2024 Menu**

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| **Mon 1**  Pork Roast  Mashed Potatoes  Green Beans  Apple Crisp | **Tue 2**  Chicken  Soup or Salad  Stewed Tomatoes  Peaches | **Wed 3**  Hamburger Steak  Broccoli  Potatoes  PB Cookie | **Thu 4**  **Happy 4th of July**  **No Senior Meals**  **ADRC Office Closed** | **Fri 5**  Fish  Bean Soup  Potato  Fruit Cocktail |
| **Mon 8**  Pork Chop  Mashed Potatoes  Spinach  Applesauce | **Tue 9**  Chicken  Mashed Potatoes  Carrots  Banana Pudding | **Wed 10**  Roast Beef  Mashed Potatoes  Green Beans  Peaches | **Thu 11**  Italian Chicken w/ Tomato Sauce  Broccoli  Raisin Cookie | **Fri 12**  Fish  Bean Soup  Potato  Fruit Cocktail |
| **Mon 15**  Pork Chop  Mashed Potatoes  Broccoli  Applesauce | **Tue 16**  Chicken  Stewed Tomatoes  Soup or Salad  Pudding w/Fruit | **Wed 17**  Cook’s Choice | **Thu 18**  Salisbury Steak  Soup or Salad  Carrots  Lemon Cookie | **Fri 19**  Fish  Bean Soup  Potato  Fruit Cocktail |
| **Mon 22**  Pork Roast  Potatoes  Spinach  Applesauce | **Tue 23**  Chicken  Sweet Potatoes  Soup or Salad  Raisin Cookie | **Wed 24**  Hamburger Steak  Baked Potato  Green Beans  Banana Cake | **Thu 25**  Cream Chicken over Biscuit  Celery and Carrots  Pudding w/Fruit | **Fri 26**  Fish  Bean Soup  Potato  Fruit Cocktail |
| **Mon 29**  Pork Chop  American Fries  Brussel Sprouts  Apple Cake | **Tue 30**  Chicken  Mashed Potatoes  Beets  Peaches | **Wed 31**  Ham  Au Gratin Potatoes  Carrots  Pineapple Cake | ***\*\*All Menus are subject to change.\*\**** | ***Milk is served with every meal & is part of the daily required nutrition plan.*** |